

Italy Hill Pan-Seared Chicken Thighs

Recipe courtesy of Jonathan Hunt (head of winemaking at Hunt Country Vineyards) and his wife, Caroline Boutard Hunt, co-owners of Italy Hill Produce, a certified organic produce business. In addition to a large array of heirloom vegetables, they raise free range chickens.

Their chickens & garlic are used in this recipe.

Serves 4, cooking time aprox. 35 min.

Ingredients

4 chicken thighs

1 T. olive oil

4 cloves of garlic

1 C. Hunt Country Seyval Blanc or Pearl

½ tsp. thyme

1 tsp. cold butter

2 T. heavy cream

Procedure

- 1. Salt chicken thighs and heat olive oil in a pan.
- 2. Place thighs skin side down in pan over medium high heat and cook until skin is well browned.
- 3. Turn thighs over and cook briefly until browned.
- 4. Flip back to skin side, add crushed cloves of garlic. Cover & cook about 20 min. until cooked through.
- 5. Remove thighs and place on a plate & keep warm.
- 6. Pour off most of the fat, leaving browned bits.
- 7. Heat pan on high for 20 seconds and add wine to pan, scraping the pan vigorously. Cook until all the bits are incorporated in the wine.
- 8. Turn to low & add cream, thyme and salt & pepper to taste.
- 9. When slightly thickened stir in cold butter.
- 10. Add chicken to pan. Serve with noodles or pilaf rice & serve with remaining wine.